



Living Smart Courses – Frequently Asked Questions

Aug 2015 Update

What does a Living smart course encompass?

Typically 7 workshop sessions (2 - 2.5 hrs each) and 1-2 field trips, with mid-week email newsletters and post-course contact to support ongoing¹ action.

How many participants typically attend?

20 -30 participants (minimum 15 enrolled)

How much does a Living Smart course cost?

Typically the cost to host a course is \$4000 - \$7000, depending on the experience and nature of the facilitation team, the scope of the course (e.g. an extra session and/or field trip, post-course involvement), facilitator's travel time, marketing expenses and venue hire if required.

In addition, each participant will be charged a fee on enrolment of \$80² (50% reduction for concession card holders) which is made up of a \$40 course fee and \$40 annual membership to Living Smart. This fee is typically collected via Living Smart's online enrolment. Living Smart is a not-for-profit organisation and relies on these fees to survive.

Can I get a course to run in my local council area?

Contact the Living Smart coordinator via coordinator@livingsmart.org.au, fill in the host's items on an application to deliver form and we'll find you a suitably trained facilitator through an Expression of Interest (EOI) process. Alternatively you can request a preferred facilitator where a strong local candidate exists with prior course experience.

Who delivers the course?

A trained Living Smart Facilitator, who has completed the required 2-day training and been mentored by an experienced facilitator in initial courses.

Who is Living Smart suitable for?

The course is suitable for all adults. The course appeals well to women and men of all ethnic backgrounds. It can also be popular with new residents wanting to meet others in their community.

Where does Living Smart come from?

WA-grown program developed through a collaboration of university, local government and an adult learning centre – specifically Murdoch University, City of Fremantle and The Meeting Place and Southern Metropolitan Regional Council. It was first trialled in 2004 in South Fremantle and since then has been run numerous times, e.g. Fremantle has now run a course 24 times, and it continues to be over-subscribed. Living Smart is now coordinated by an independent not-for-profit Be Living Smart Inc.

Who administers Living Smart?

Be Living Smart is administered on a day-to-day basis by a part-time Coordinator and part-time bookkeeper. Our admin office is kindly hosted by the City of Fremantle. The organisation is steered by a Board of professionals who volunteer their time. See our board members on our website: livingsmart.org.au.

¹ On an ongoing basis participants from a Living Smart course can join a local *Living Smarties* group to continue their journey. These groups currently run in Fremantle, Melville and Canning, coordinated by Living Smart participants.

² New price from Term 3, 2015